



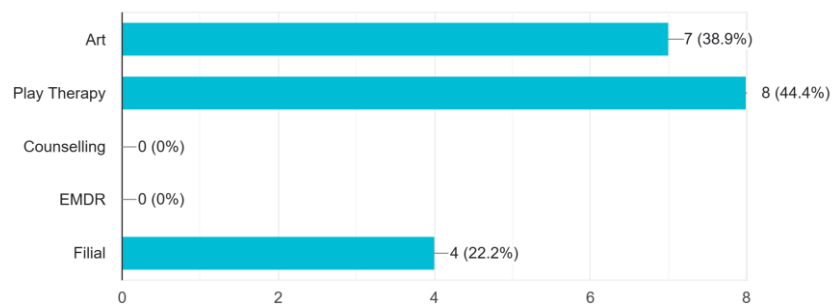
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Parent End of Therapy Feedback Data 2023

This report has had professional's name removed to maintain data protection, but all data remains unaltered from feedback received.

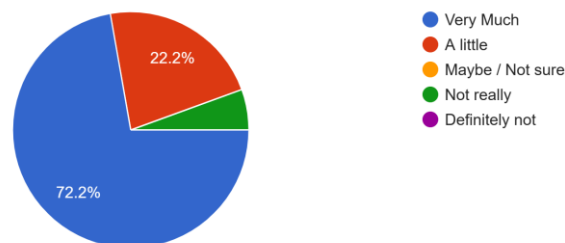
What type of therapy did you receive?

18 responses



1: Have you seen a positive change in your child?

18 responses



What went particularly well during the intervention? 18 responses

- Understanding of what he was experiencing. Finding solutions that actually work and working through them together.
- Advice on helping to regulate her and some problems she was having at school came out through her play sessions.
- T relied on and believed in S, together they created an environment where T could interact with S and he totally and utterly trusted her.

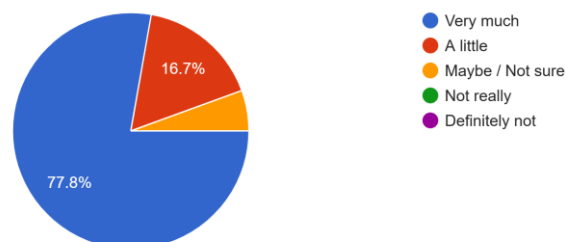


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- My child's confidence. She had a safe place to help with her emotions.
- Improving adopted mums' relationship with C.
- T confidence grew!
- B enjoyed the sessions although at first his behaviour went downhill at school.
- Hoping he listened
- C opened up and became more aware of things in general.
- How she worked through traumas
- Ryan engaged with Becky really well which he wouldn't normally do.
- Meetings with Kelly; JJ enjoyed the sessions
- Good rapport with therapist, no issues with communication, trust or integrity. Great relationship where I felt I could disclose information which was received non-judgementally. Really thankful that the team were flexible to allow this to happen alongside my child's therapy with ease and no disruptions. Our story has been accepted and supported throughout.
- Seeing our foster child stop pretending as much and getting to know the real C.
- A understanding why she behaves the way she does, and her opening up to L.
- Her sessions meant she had a space once a week in school where she felt safe and could be herself. It's helped her feel safer going into school. Kelly is the first professional adult in a school environment that has listened to S and made her feelings valid. She goes to school on a Monday much happier because she knows she has Tuesday to look forward to. S has loved it.
- E interacted better than I thought she would.
- Being able to regulate quicker
-

3: Do you feel that overall the therapy achieved the goals set?

18 responses





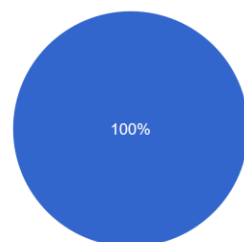
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Is there anything you don't feel has improved? 18 responses

- No
- Her behaviour, but not sure anything will help.
- No
- C outbursts turned out to be partially due to ADHD that the therapy couldn't really fix however S did help us to push for a diagnosis
- He has regressed in the last 2 weeks
- No satisfied
- NA
- JJ's anger issues at home.
- No - any restrictions for changes are from what is currently going on in my life so although at present I can't remove myself from those, I feel in a better mindset to deal with them.
- No it has been excellent.
- A attitude and lack of respect for us
- I think it's really difficult to assess because the therapy has really helped but because she's moving up to high school she's very anxious and stressed. I think it will take a long time to change S relationship with education. K recommended 2 books - one about anxiety and one about social stories. I hated the social stories one as it really isn't geared towards autistic children. I wonder if maybe you court have a lending library of books for parents to borrow so they are able to support the work done in play therapy at home.
- Still have meltdowns but less often and less intensive.

5: Please rate how welcoming, helpful and approachable your therapist was.

18 responses



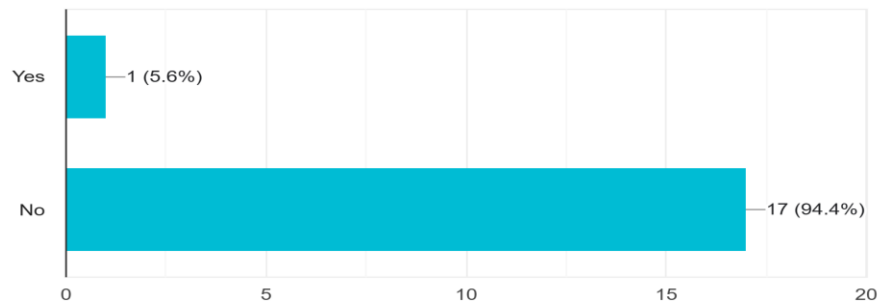
- Very much
- A little
- Maybe / Not sure
- Not really
- Definitely not



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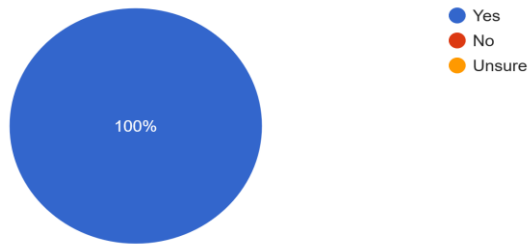
6: Is there anything you think we could improve on?

18 responses



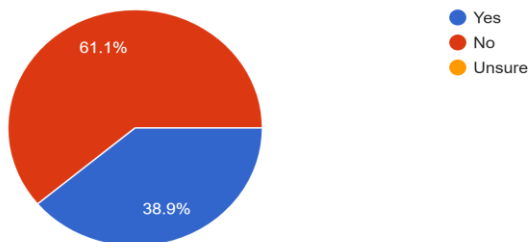
7: Would you be happy to recommend our service to other families?

18 responses



8: Anything else you would like to tell us?

18 responses





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Comments: 18 responses

- No
- After our sessions things changed so much for the better the outcome was more than I could have imagined, changing how things are dealt with and handled, empowering us as a family to deal with the lasting effect of the trauma experienced meaning we could see positive future and not allowing the past to define the future. Really can't express how amazing this has been for us as a family, as well as for my grandson.
- All the team are really friendly and always on hand to help and the centre is welcoming and calming, which is exactly what parents need.
- T really enjoyed the sessions with S and he was able to open up (non verbally) and go through everything he needed to.
- Would recommend S and her team in a heartbeat
- N/A
- I can't think of anything else to add.
- C has benefitted from this therapy and really enjoyed it always speaks highly and has been very happy in therapy sessions.
- We have had many Therapists but this one totally surpassed expectations, we were able to trust the work she was doing and see the improvements our child made and due to lock down we were able to do online training so at least we were able to continue therapy at home.
- R has come on exceptionally well over the last few months with these 1:1 sessions and has thoroughly enjoyed his sessions, making a noticeable positive difference in his attitude and confidence along with self esteem. B has worked really with R and he has enjoyed that.
- na
- Keep doing what you're doing for families, children and young people. A valuable resource. I strive to be part of your team one day 😊 the culture and values you hold and dedication by all staff members is exemplary!
- Thank you to Equipt for providing this amazing therapy through supporting students.
- L has been amazing with A, she has managed to get her to open up. This is something we never thought would happen. The way L has engaged A through art couldn't of been more perfect for her. Also having L to greet you is just what A needed.



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- Thank you. Wish she could continue therapy when she moves up to St Wilfrid's.
- Nothing