

Adoption & Special Guardian Support Provision

Information for families Accessing our Services



Therapy Offered



As adults it's our job to fit the child's world, not expect them to fit ours.



At eQuiPT we take pride in how we reach young people. We ensure that therapy matches their requirements & that they enjoy the experience.

Why creative therapies?
Because it's how children communicate!

- Art Psychotherapy
- Play Therapy
- Drama Therapy
- Music Therapy
- EMDR
- Counselling / Integrative Therapy
- Filial Therapy (family therapy)
- Theraplay
- DDP
- Therapeutic Parenting / NVR
- Sandstory
- CBT
- Group Therapy

There is more detailed information on our website about the different therapies.

We strive to keep improving.

Qualifications & Registration

All our therapists are qualified to post-graduate level & are registered with a suitable registration body to ensure that quality in therapy is maintained. We ensure all our therapists are up-to-date with safeguard training, first aid and deescalation training. We support their ongoing development with extra training available such as SandStory, Family Play Assessment, Play Therapy skills, Filial Therapy, CAPA and many more.

Assessment

Assessments can really help to ensure that therapy and advice given to parents is targeted to a specific child and not "every hat fits all" situation.



Assessments offered...

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| 1. Family Play Observation | Assessing family dynamics |
| 2. Child Attachment Play Assessment | Attachment coding using story stems, based on the DMM model |
| 3. The Marschack Intervention Method | Assessment of the child-parent relationship |
| 4. The Meaning of the Child Interview | Evaluates the way the parent thinks about their child |
| 5. PSI-4 Parental Stress Index | A questionnaire based assessment to measure concerns |
| 6. SDQ Strengths & Difficulties questionnaire | Measures a number of symptoms |

Group Events



Groups

We offer funded group sessions for children and parents/carers where ever this is possible and is reliant upon successful funding bids through our charity.

Booking is necessary to secure a space.



Weekend Events

Throughout the year we offer family friendly fun events at the weekend. These are usually aimed at fundraising for our charity and are at times of year that involve celebrations such as the Christmas Grotto event and Easter egg hunt. So watch out for these events and more to be advertised at the unit and on social media.

Our Venue



Welcoming

We have created a welcoming environment for children and families. Many parents and professionals have commented on how relaxed they feel in our space.

Therapy Rooms

Our therapy rooms are full of resources for children and teens to explore their worries through creative methods that appeal to them.

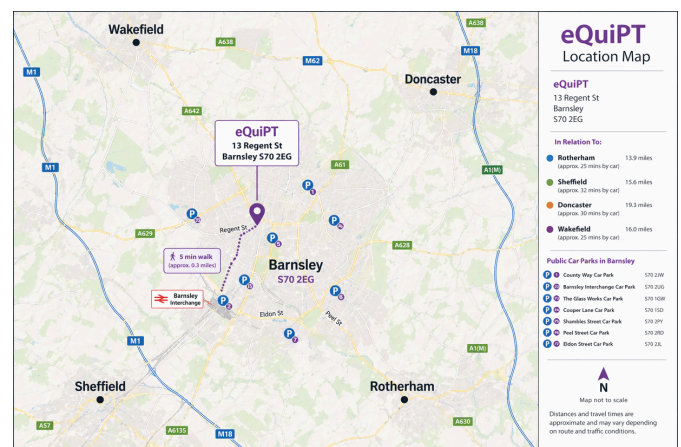
Contacting Us

13 Regent St, Barnsley, S70 2EG

Email your therapist by using: (full name) @equipttherapy.com
Registered Manager - sandrageorges@equipttherapy.com
Website: www.equipttherapy.com

Central

Our therapy home is central, making it accessible to families on public transport.



Leadership



Katie Popple
Responsible Individual

With over 16 years of leadership and management experience, Katie Popple brings extensive expertise in governance, safeguarding, operational management, and quality assurance across NHS and third-sector services. Her career includes 12 years working within NHS Mental Health Trusts and Commissioning Groups, alongside 13 years as a Director, Trustee, and Co-Founder of a Mental Health Support Service, demonstrating her longstanding commitment to supporting individuals, families, and communities. As a newly qualified Person-Centred Counsellor, Katie combines compassionate leadership with a deep understanding of person-centred care, ensuring services are safe, effective, inclusive, and responsive to the needs of those they support.



Sandra Georgeson
Registered Manager

With almost 30 years of experience supporting children, young people, and families, Sandra Georgeson brings exceptional expertise in therapeutic care, trauma-informed practice, and child development to her role as Registered Manager. A highly experienced Child, Play and Filial Therapist, Sandra has worked across family homes, schools, Children's Centres, CAMHS, and Local Authority Care services, helping children overcome emotional challenges, trauma, attachment difficulties, and relationship issues through compassionate, child-centred support. As a registered Play Therapist and Supervisor with the British Association of Play Therapists (BAPT), Sandra is passionate about promoting safe, nurturing environments while supporting professionals through training and consultation. Her commitment to improving access to therapeutic support is further reflected in establishing both a Community Interest Company (CIC) and a Charitable Incorporated Organisation (CIO), enabling additional funding opportunities to benefit children and families in need.



Esther Maunder
Deputy Manager

With over 25 years of experience supporting children, young people, families, and caregivers, Esther brings a wealth of therapeutic and leadership expertise to her role as Deputy Manager. Her career has spanned CAMHS, Social Care, schools, and voluntary sector services, where she has supported children with a wide range of emotional and mental health needs, including developmental trauma, attachment difficulties, anxiety, and loss. Alongside her clinical work, Esther has held management roles, leading teams and contributing to the development of high-quality services for children and families. An accredited Interpersonal Psychotherapist, EMDR Therapist, and Certified Theraplay Practitioner, she combines evidence-based practice with child-centred, trauma-informed, and sensory-informed approaches to promote emotional wellbeing and resilience. Passionate about collaborative working, Esther is committed to creating safe, nurturing environments where children, families, and professionals feel supported, empowered, and equipped to thrive.

Safeguarding Children

At eQuiPT Children's safety is our priority.

Please read our Safeguarding Children Policy available in the waiting area and online. Please ask us if you have any questions. The main points that families need to be aware of are listed below:



- All staff have an up-to-date DBS check and are trained in child protection
- Our **Safeguarding lead** is **Sandra Georgeson**. In Sandra's absence the Responsible Individual and Deputy Manager are also trained to safeguard lead level.
- We log any concerns in our case file and safeguarding file, this may include a body map recording where necessary
- If we have concerns we will pass these on to outside agencies, such as the child protection team and or the police. We may also share information with your child's school
- If it is safe to do so we will inform you, as the child's parent that we have made a child protection referral
- We may seek informal advice from a duty social worker before making a formal referral or informing you to ensure we take the best steps.

Data Protection



As a therapeutic organisation we take data protection seriously. Here's what you need to know:

- We are registered as an organisation with ICO and each therapist has to be registered individually as data handlers
- We have to hold a case file on each client as part of our accountability as therapists
- We store your data in confidential case files online and these are password protected
- Where possible we will discuss things with you that we need to share with others, such as any therapy report we write
- We may take photographs as part of evidencing progress in therapy and events that we have. These are stored confidentially and will not be shared on social media without gaining permission first
- At review meetings we will share the themes in your child's therapy, progress made and any barriers to progress, as well as further recommendations. These are discussed first with your child before being shared to ensure the relationship remains one of trust between the child and therapist
- Please ask us if you have further questions

Therapy Expectations



We ask everyone accessing our services to follow our expectations to ensure you and your child get the best outcomes. These include:

- Being on time for therapy and no earlier than 10 minutes before, to ensure there is room in the waiting area
- Cancel appointments in advance to avoid wasting a child's funding. Last minute cancellations will be charged for
- Stay in the building whilst your child is in therapy, unless a contract has been agreed for a older teen, and supervise them in the waiting area before the session and after
- Avoid asking your child questions about their therapy. If they choose to talk about it this is fine, but it should be their choice
- Avoid telling children to be "good" in therapy or tidy up. We need children to be able to relax and work through difficult feelings that may not be associated with being "good"
- Please don't tell your child's therapist negative things that your child may have done during that week in front of the child or ask the therapist how your child is doing. Arrange a private conversation for this or a review meeting
- Never use therapy as a reward or punishment
- Expect your child to get messy and make noise in therapy
- In the waiting area please ensure that you and your child do not use any aggressive behaviour or language that could impact upon others. Be respectful and polite
- Be fully available when your child returns to you from their therapy session
- Whilst you wait enjoy the time for you. Help yourself to drinks and the books
- You are very welcome and we thank you for choosing us.

Complaints

We strive to offer the best service, but if something is not right please let us know. We will try to resolve a complaint to your satisfaction.



Please follow the steps of our complaint's procedure



Our Complaint's Procedure



How to Make a Complaint

There are times that parents, carers or young people are unhappy with the service they are receiving and if this is the case we want to know so that we can put things right.

