

# If you are worried...

You can tell Sandra Georgeson  
(Registered Manager & Safeguard Lead) on  
[07742687261](tel:07742687261) / [equipttherapy@gmail.com](mailto:equipttherapy@gmail.com)

There are other people there to help you too if you don't  
feel listened to or feel safe, that can help.

YOU CAN CONTACT

The Children's Commissioner for England

Email: [info.request@childrenscommissioner.gsi.gov.uk](mailto:info.request@childrenscommissioner.gsi.gov.uk)

Tel: 020 7783 8330 –

eQuipt therapy services is registered with a group of people  
called Ofsted. Ofsted make sure that we are offering a safe and  
helpful service to you and other young people.  
You can contact Ofsted on:



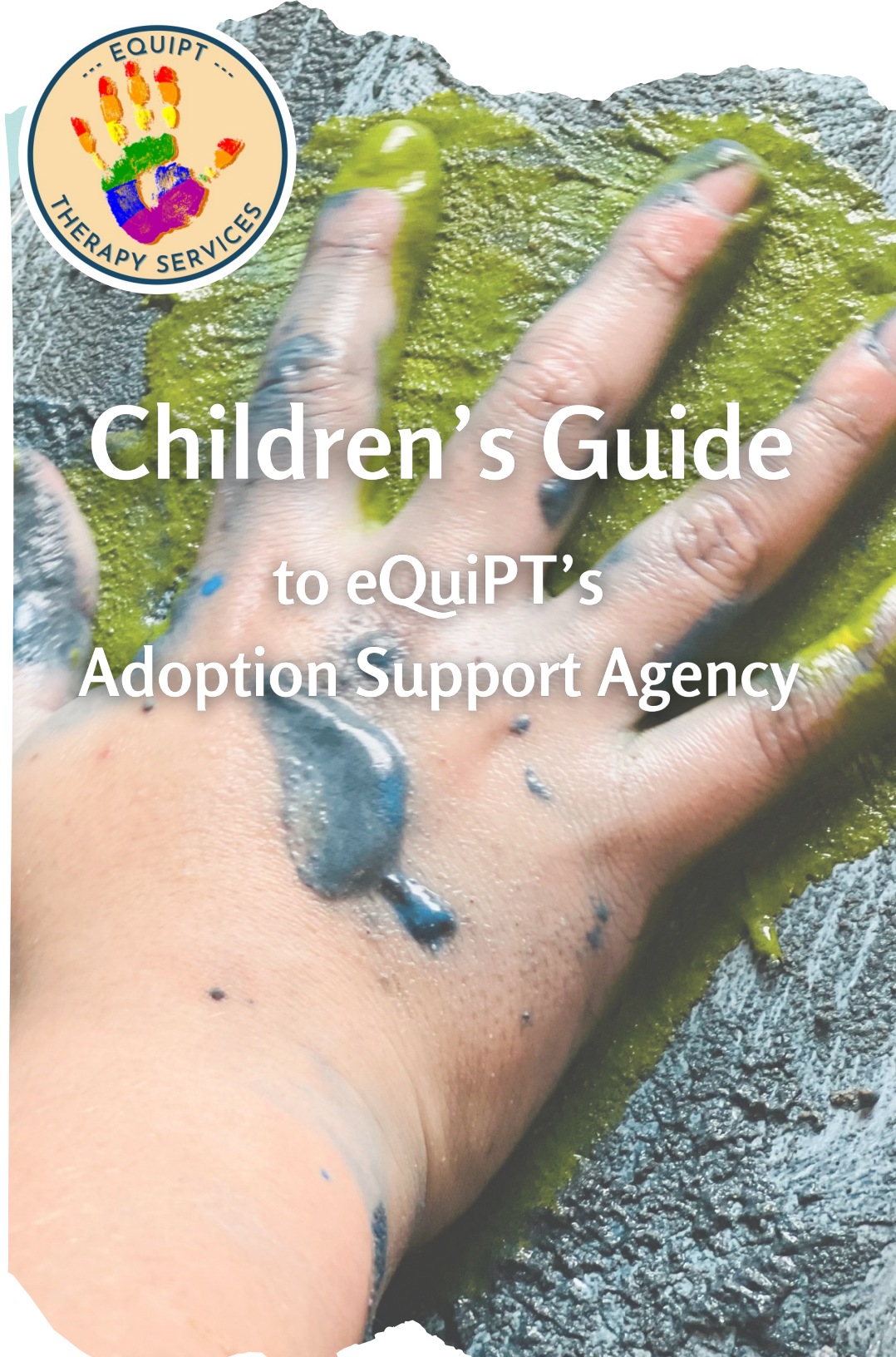
**Ofsted,**  
**Piccadilly Gate,**  
**Store Street,**  
**Manchester,**  
**M1 2WD**

Email: [enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk)

Tel: **0300 123 123**

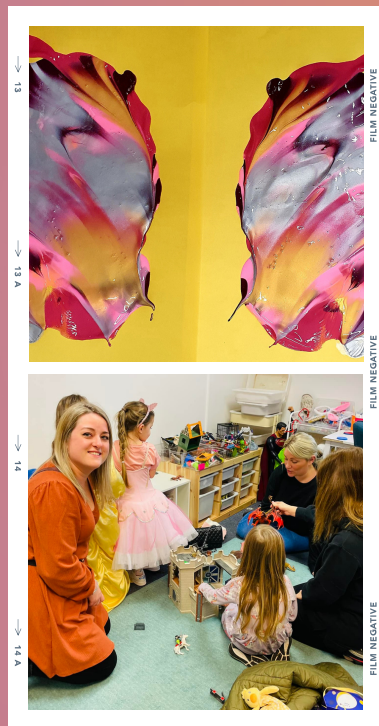
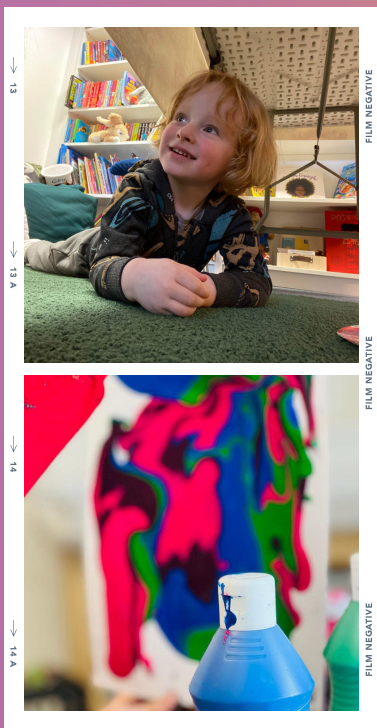
If you have an Independent Reviewing Officer (IRO) you can also  
ask your parent/carer for their details and get in touch with  
them.

 [equipttherapy@gmail.com](mailto:equipttherapy@gmail.com)  
 [www.equipttherapy.com](http://www.equipttherapy.com)



## Children's Guide to eQuiPT's Adoption Support Agency

# What we do...



## Therapies offered to you

- Art Therapy
- Play Therapy
- Counselling
- EMDR (Eye Movement Desensitization & Reprocessing)
- Filial Therapy
- Theraplay
- Animal Assisted Play Therapy
- Outdoor Play Therapy

## What else?

- Adoption Groups (Art or Play based, depending on what your age is and what's right for you).
- Family fun events throughout the year